Location		Dominican	Dominican	Dominican	Dominican/Lisle	Dominican/Lisle	Lisle	
Subject								
Week 1	**Sunday 4/29**	**Monday 4/30**	**Tuesday 5/1**	**Wednesday 5/2**	**Thursday 5/3**	**Friday 5/4**	**Saturday 5/5**	
7:00	Sleeeeep in	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	11 blocks
8:00	Go to yoga	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	
9:00	Meal prep	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld- Annotate FA	Review UWorld- Annotate FA	Review UWorld- Annotate FA	Review UWorld Block- Annotate FA	
10:00								
11:00				40Q UWorld	40Q UWorld	40Q UWorld		
12:00		LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	
1:00		40Q UWorld	40Q UWorld	Review UWorld- Annotate FA	Review UWorld- Annotate FA	Review UWorld- Annotate FA	Catch-Up/ Flip through FA	
2:00		Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA					
3:00				Biostats Bust Ass!	Biochem Bust Ass!	Biochem Bust Ass!		
4:00								
5:00		DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	RELAX; I Feel Pretty (6:30PM)	
6:00								
7:00								
8:00		Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki		
9:00								
10:00								
11:00		RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	
Location	Lisle	Dominican	Dominican	Dominican	Dominican	Dominican	Home/FP library	
Subject								
Week 2	**Sunday 5/6**	**Monday 5/7**	**Tuesday 5/8**	**Wednesday 5/9**	**Thursday 5/10**	**Friday 5/11**	**Saturday 5/12**	
7:00	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	22 blocks
8:00	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	Practice Test U-World 2	40Q UWorld	
9:00	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA		Review UWorld Block- Annotate FA	
10:00								
11:00								
12:00	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN		LUNCH/SUN	
1:00	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld		Catch-Up	
2:00	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA			
3:00								
4:00								
5:00	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER	RELAX	
6:00						Review Practice Test		
7:00								
8:00	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki			
9:00								
10:00						Anki		
11:00	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed		Sketchy	
Location								
Subject								
Week 3	**Sunday 5/13**	**Monday 5/14**	**Tuesday 5/15**	**Wednesday 5/16**	**Thursday 5/17**	**Friday 5/18**	**Saturday 5/19**	
7:00	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	35 blocks
8:00	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	add 20Q
9:00	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	
10:00								
11:00								
12:00	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	
1:00	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	Catch-Up	
2:00	Review UWorld	Review UWorld	Review UWorld	Review UWorld	Review UWorld-	Review UWorld-		

	Sketchy	FA	
Monday 4/30	Bacteria 1, 2, 3	High Yield Chps	
Tuesday 5/1	Bacteria 4, 5	**BIOCHEM**	
Wednesday 5/2	Bacteria 6, 7, 8	**BIOSTATS**	Randy Neil Youtube biostats usmle I and II (1 hr)
Thursday 5/3	Bacteria 9, 10	Immuno	https://www.youtube.com/watch?v=75pQPB1RF50
Friday 5/4	Fungi 1, 2, 3	Path	

	Sketchy	Pathoma
Sunday 5/6	Parasites 1, 2, 3	
Monday 5/7	Parasites 4, 5, 6	Path 1
Tuesday 5/8	Virus 1	Path 2
Wednesday 5/9	Virus 2	Path 3
Thursday 5/10	Virus 3	Heme/Onc 4, 5
Friday 5/11		
Saturday 5/12	Antimicrobials 1	

	Sketchy	Pathoma
Sunday 5/13	Antimicrobial 2, 3	Heme/Onc 6, 7
Monday 5/14	Antimicrobial 4, 5	Cardio 8
Tuesday 5/15	Antimicrobial 6, 7, 8	
Wednesday 5/16	Autonomics 1	Pulm 9
Thursday 5/17	Autonomics 2	Renal 12
Friday 5/18		

3:00	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Annotate FA	Review UWorld Annotate FA	Catch-Up
4:00					20Q	20Q	
5:00	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	RELAX
6:00							
7:00							
8:00	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	
9:00							
10:00							
11:00	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed
Location							
Subject							
Week 4	**Sunday 5/20**	**Monday 5/21**	**Tuesday 5/22**	**Wednesday 5/23**	**Thursday 5/24**	**Friday 5/25**	**Saturday 5/26**
7:00	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT
8:00	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	Practice Test NBME 18 (purchase this- $60)	40Q UWorld
9:00	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA		Review UWorld Block- Annotate FA
10:00							
11:00							
12:00	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN		LUNCH/SUN
1:00	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld	40Q UWorld		Catch-Up
2:00	Review UWorld- Annotate FA	Review UWorld- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld- Annotate FA		
3:00							
4:00	20Q	20Q			40Q		
5:00	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER	RELAX
6:00						Review Practice Test	
7:00							
8:00	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki		
9:00							
10:00						Anki	
11:00	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed		RR Anki 30 min before bed
Location							
Subject							
Week 5	**Sunday 5/27**	**Monday 5/28**	**Tuesday 5/29**	**Wednesday 5/30**	**Thursday 5/31**	**Friday 6/1**	**Saturday 6/2**
7:00	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT
8:00	80Q UWorld	80Q UWorld	80Q UWorld	40Q UWorld	40Q UWorld	Practice Test- NBME 17	160Q UWorld
9:00	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA		Review UWorld Block- Annotate FA
10:00							
11:00							
12:00	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN		LUNCH/SUN
1:00	20Q UWorld	20Q UWorld	20Q UWorld	40Q UWorld	25Q UWorld		Catch-Up
2:00	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA		
3:00							
4:00							
5:00	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER YOGA SHOWER	DINNER	RELAX; Kayla and Chris
6:00						Review Practice Test	
7:00							
8:00	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki	Pathoma Sketchy Anki		
9:00							
10:00						Anki	
11:00	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed	RR Anki 30 min before bed		RR Anki 30 min before bed
Location							

Saturday 5/19	CV/Renal 1	
	Sketchy	**Pathoma**
Sunday 5/20	CV/Renal 2	GI 10
Monday 5/21	CV/Renal 3	
Tuesday 5/22	CV/Renal 4	
Wednesday 5/23	Blood 1	
Thursday 5/24	Blood 2, 3	
Friday 5/25		Exo Panc 11
Saturday 5/26	SM 1, 2	

46 blocks

Finished Q Bank 5/31

	Sketchy	**Pathoma**
Sunday 5/27	GI/Endo 1, 2	Female GU 13, Male GU 14, Breast 16
Monday 5/28	GI/Endo 3	Msk 18, Skin 19
Tuesday 5/29	GI/Endo 4	CNS 17
Wednesday 5/30	Neuro/Psych 1, 2	
Thursday 5/31	Neuro/Psych 3, 4	
Friday 6/1	Neuro/Psych 5	
Saturday 6/2	Anti-Neoplastics 1	

FA
Review Weak/Common Missed
BIOCHEM
BIOSTATS

Subject														
Week 6	**Sunday 6/3**	**Monday 6/4**	**Tuesday 6/5**	**Wednesday 6/6**	**Thursday 6/7**	**Friday 6/8**	**Saturday 6/9**							
7:00	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	WAKE-UP/EAT	Sleep In!!!	**KICK ASS DAY**		8 Missed blocks		**Sketchy**	**FA**			
8:00	40Q UWorld	NBME 120	40Q UWorld	40Q UWorld	RELAX	1919 SOUTH HIGHLAND AVE BLDG B Suite 330 LOMBARD IL, USA		Topic blocks?	**Monday 6/4**	Anti-neoplastics 2, 3	Review Weak/Commit to Memory!!			
9:00	Review	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA							Endo 15			
10:00											Neuro- FA			
11:00							Quest Urine Test				Psych- FA			
12:00	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN	LUNCH/SUN							**BIOCHEM**			
1:00	40Q UWorld	40Q UWorld	Catch-Up	Catch-Up			Pick up Abby!!!				**BIOSTATS**			
2:00	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA												
3:00														
4:00														
5:00	40Q UWorld	40Q UWorld	RELAX	RELAX										
6:00	Review UWorld Block- Annotate FA	Review UWorld Block- Annotate FA				630-705-1428								
7:00														
8:00					Read RR before bed									
9:00	Catch-Up	Catch-Up												
10:00					Snacks, Bed!									
11:00	RR Anki 30 min before bed	Sketchy	RR Anki 30 min before bed	RR Anki 30 min before bed										
Day/Afternoon	Autonomics Review	Diuretics	Prostaglandins	FA random drugs	Stats review									
		Nitrates	Platelet Inhibs	FA tumor marker	FA neuro lesion									
		Immunodeficient		FA oncogene/TS	FA biochem read-through									
Night	Antiarrhthmics	Cholesterol/Lipid	Antimicrobials	FA syndromes	FA tab reviews									
	Biochem outline		Exotoxins/VF etc	FA Inheritance										
		Vessel/Lymph Drain		FA Cytokines										
		Nerve blocks	WBC, RBC, Ane	FA Gastric Secretions										
		Incontinence	Embryology	FA Skin										
		Endo 15	**FA RDE metab**	make a rapid review sheet										
		Vasculitis												
		Brain lesions/tumors												